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The Essential Dog Hiking Checklist

Sustenance and Hydration

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Collapsible bowl

Light, quick-drying, and packs completely flat.

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Water and filtration system

Clean, dependable hydration drawn from natural trail sources.

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Snacks and a proper meal

High-calorie trail fuel adjusted around standard dinner timelines.

Control and Waste Management

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Harness and lead

Hands-free bungee lead setup paired with a low-abrasion pulling harness.

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Poo bags and waste-stash solution

Sufficient cleanup bags and a leak-proof containment pod (e.g. Dicky Bag).

First Aid and Emergency Safety

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Tick remover tool

Pocket tweezer tool (like the CVet pen) for rapid extraction on the trail.

Booties for emergencies

Fast pad isolation and shielding for deep cuts or gravel abrasions.

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First aid kit

Must feature cohesive self-adhering vet wrap and sterile antiseptic wipes.

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Emergency dog sling

Secure, load-bearing rescue sling to safely carry your dog down high cols if injured.

Weather Protection and Comfort

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Cooling bandana and sunscreen

UV blocking lotion for the snout and core vascular thermal regulation.

Dog rain jacket or fleece

Technical insulating thermal suit to shield against wind-driven freezing sleet.

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Small microfibre towel

High-absorption wipe-down tool before entering transport, pub, or shelter layers.

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Blanket or lightweight mat

A portable boundaries mat that signal-coaches your dog to drop weight and rest.

